

Natural Products

M A R K E T P L A C E

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naturalproductsmarketplace.com



Our product picks



July brings hot temperatures, but it also brings one of the best holidays of the year. Check out some of Assistant Editor Kyle Bradley's Fourth of July favorites before you head out to catch the fireworks.

Did You Know?

The hottest temperature ever recorded was in El Aziza, Libya, near the Sahara Desert, where the mercury hit 136 degrees Fahrenheit on Sept. 13, 1922. Death Valley, Calif., holds the record for the second-highest temperature when the thermometer registered 134 degrees Fahrenheit there in 1913.



LaKOTA Joint Care Formula

When my wrists get sore from bike riding, I take two capsules. It's also a good natural remedy for headaches.

LaKOTAHerbs.com



L-Glutamine 3000

Great for exercise recovery, especially after weight training, this amino acid is depleted after strenuous exercise, and the body needs it to prevent muscle break down.

MyWeider.com



BioAstin Natural Astaxanthin

This carotenoid complex, with astaxanthin, beta-carotene, vitamin E and lutein, keeps my immune system healthy during exercise by minimizing free radical damage.

BioAstin.com



Nordic Naturals Omega-3

Fish oil eases my minor joint pain after a hard workout. Research has also shown positive effects on brain function and mood.

NordicNaturals.com



Odwalla Bars

The rolled oats and real fruit chunks in this line of bars perfectly fill the void between breakfast and lunch. Keep your metabolism rolling with this tasty pre-lunch snack.

Odwalla.com



TWIST Loofah Sponge #50

The natural loofah side of this sponge works well for cleaning my counter-top grill after dinner, and I can rest easy knowing these sponges are 100 percent biodegradable.

TwistClean.com



Pacific Natural Foods Green Tea

My cells appreciate the healthy dose of antioxidants they get from a cold glass of this ready-to-drink, unsweetened green tea. It's USDA organic and fair-trade certified. It's also delicious.

PacificFoods.com